

# HTMA Testing Packages



DR. COBI'S  
**ESSENTIAL**  **HEALTH**  
NATURAL WELLNESS CLINIC



Hello  
there!

Thank you for inquiring about HTMA testing! I am so excited to be offering this service and testing to you because it is one of the MOST important tests to help you get to the bottom of your chronic symptoms.

In this guide you'll learn what HTMA testing is, how it can help you as well as pricing options and services.

Looking forward to connecting with you,

Dr Cobi

# Meet Dr Cobi



I am Dr Cobi Slater and I am a Dr of Natural Medicine, Functional Medicine Practitioner, Registered Nutritionist, Clinical Herbalist and hold a PhD in Natural Health Sciences with a specialty in Endocrine Dysfunction.

I have helped thousands of people heal naturally through my unique “root cause” approach to health. I am a regular guest on many international radio and TV health shows and am the International Best-Selling Author of 5 health books.

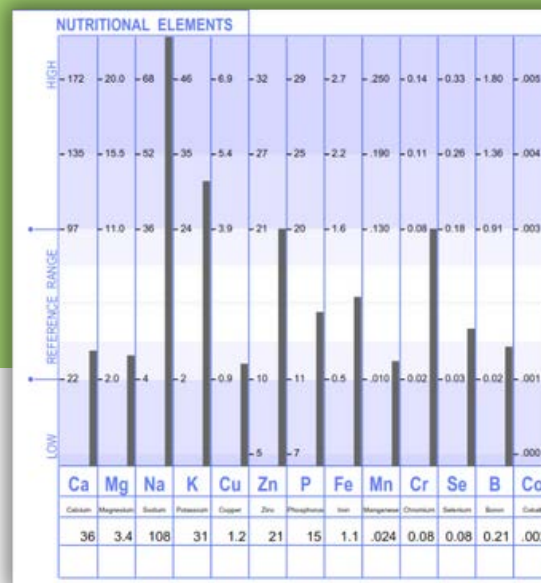
I LOVE to work with people who are struggling with their health and have helped thousands of people over almost 2 decades in my wellness practice!

# What is HTMA Testing?

**Chronic health issues that are resistant to healing are often linked to hidden mineral imbalances and trauma trapped deep within the tissues of the body.** Minerals are referred to as the “spark plugs” for life. They influence nearly every part of the body and minerals interact not only with each other but also with vitamins, proteins, carbohydrates and fats.

Minerals are integral part of balancing and creating optimal health in the thyroid, adrenal glands, blood sugar, metabolic rate, sleep, energy, fertility, hormones and most importantly, mental and emotional health.

**A note on blood-** Blood shows a snapshot of what is happening in your body right now. While this is important information, it doesn't supply an accurate analysis of the mineral levels over a period of time. The blood will “borrow” nutrients from cells and tissues to create homeostasis in the blood so the blood is often balanced while there can be devastating imbalances in the tissues that get missed!



**Minerals are KEY to supporting and optimizing the thyroid, adrenals, blood sugar, metabolism, sleep, energy, fertility, hormones and even mental and emotional health & well-being.**

# What the HTMA test can help you discover...

The test reveals 29 minerals and their ratios including calcium, magnesium, sodium, potassium, copper, zinc, phosphorus, iron, manganese, chromium, selenium, boron, and molybdenum, to name a few as well as several toxic metals including aluminum, lead, cadmium, mercury, arsenic, and uranium.

The ratios of the minerals as well as the toxic elements expose a true picture of what is going on deep within the body.

## **What is Included in the HTMA Test?**

- ✓ Toxicity
- ✓ Mineral/ nutrient deficiencies
- ✓ Metabolic rate (fast or slow)- no more guessing about if you should be eating a high fat diet or low carb diet- this tells us exactly that based on your metabolism!
- ✓ Adrenal gland and stress response
- ✓ Thyroid function
- ✓ Hormonal imbalances
- ✓ Nervous system imbalances
- ✓ Inflammation
- ✓ Energy levels
- ✓ Mental health- anxiety/ depression
- ✓ Liver function
- ✓ Blood sugar imbalances
- ✓ Digestive dysfunction
- ✓ Infections or viruses

Dr Cobi has a unique certification in viewing the HTMA test results through the lens of trauma, psychoneuroimmunology and neural rewiring. This vantage point offers next level interpretation of the HTMA testing to discover specific past traumas that may be preventing people from truly healing.

*Psychoneuroimmunology is the interplay between our psychology, the nervous system and the immune system and how this interplay impacts the rest of our biology and physiology.*

*Neural rewiring is the process of rewriting the script that our nervous system follows, especially during times of stress.*

If you are struggling with mysterious symptoms that will not heal or you have been told that your labs are “normal”. HTMA testing is highly recommended to discover the root cause of your issues so that your health can be restored.

# How it works...

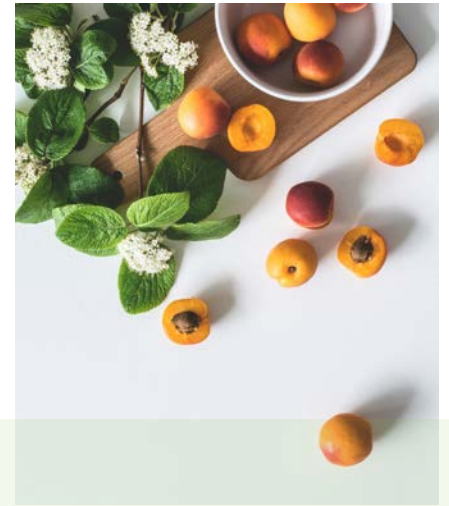
- 01 PURCHASE YOUR PACKAGE**  
\*Please note: [New Patient Initial Consultation](#) is not included with the package and must be done first if you have not been an active patient within the past 2 years.
- 02 MAKE YOUR PAYMENT, RECEIVE YOUR FORMS AND GET STARTED!**  
Once your payment goes through your HTMA test, detailed instructions and forms will be sent to you via email
- 03 BOOK IN YOUR INITIAL CONSULTATION (for new patients) or YOUR LAB RESULTS APPOINTMENT (for existing patients)**  
Once you've completed your HTMA test book your appointment

## Note

It can take up to 4 weeks to receive your HTMA test results. In the meantime, you will be provided with a "getting started" plan.

# 3 Month Customized Testing Package for New Patients

Work with me over the course of 3 months, together we'll take a deep dive into your health and symptoms to uncover your foundational root causes and receive a detailed protocol and plan to optimize your health.



## WHAT YOU'LL GET:

- ✓ Your HTMA test instructions will be provided to you. You'll start by completing your test, filling out all intake forms, then booking in for your Initial Consult (for new patients) or book your HTMA Lab Results consult (for existing patients)
- ✓ Initial Consult (for new patients only). During this appointment- Dr Cobi will review your intake forms and take a detailed health history report. A Getting Started plan will be provided to you. If you are an existing patient, you will receive an email with your Getting Started plan.
- ✓ HTMA Test Review. Dr Cobi will review your HTMA test results in detail and provide you with a strategic nutrition, supplement and a detox protocol to optimize imbalances, deficiencies and toxicity.
- ✓ Follow Up. After implementing your protocol for a few weeks, you'll follow up with Dr Cobi for a check-in, make any necessary adjustments to your protocol and discuss further treatments

## YOUR INVESTMENT

ONLY  
\$695 CAD



# Patient Testimonials

ROB

Our family has been seeing Dr. Cobi for many years now. We can always count on her to listen to our concerns, and to come up with a strategy that addresses the root of the problem. Personally, I've been very appreciative for the results I've had to improve my overall physical and mental wellness. Thank you, Dr. Cobi for your professionalism, knowledge, and genuine care.

VAL

It has taken a bit to tell you how grateful I am for finding you when I did. You gave me the answers I had been looking for about my health. Why it took so long to reach out is something I continually ask myself. Since our meeting I have felt so much better, I sleep better, my mind is clear and I feel better about myself. Thank you for all that you offer. Your staff are all super friendly and helpful as well. So much appreciation.

VALERIE

Dr. Cobi is my main health care practitioner. She looks at everything holistically and recognizes the interconnectedness of issues. She is so knowledgeable and listens well. She has been able to help me with all kinds of issues from sinus problems, intestinal issues, reducing cholesterol, hormonal issues, and weight loss. I feel so blessed to have her support with my health and strongly recommend others see her. I am doing activities today I never considered a few years ago.

TABATHA

Dr. Cobi is a blessing. I was struggling with some health issues for over a year and didn't know the cause. I am so thankful for Dr. Cobi and her knowledge. She cares about your health and wants you to be the absolute best version of yourself. I highly recommend Dr. Cobi and all that Essential Health has to offer.

# Let's Get Started!

I am so excited to work with you!  
Let's get to the bottom of your symptoms.

CLICK HERE FOR  
HTMA PACKAGE

CONNECT HERE WITH YOUR QUESTIONS:

WEBSITE: [drcobi.com](http://drcobi.com)

EMAIL: [info@drcobi.com](mailto:info@drcobi.com)

INSTAGRAM: [@drcobislater](https://www.instagram.com/drcobislater)